

Name: _____

Date: _____

Behavior Reflection

What happened?

How did I feel?



Mad



Sad



Worried



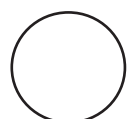
Embarrassed



Scared



Frustrated



Other

Who was affected?

Me

Teacher

Classmates

Other: _____

How can I make it right?

Apologize

Clean up

Fix what is broken

Other: _____

What will I do next time?

Take a deep breath

Count to 10

Tell a trusted adult

Walk away

Use my words

Other: _____

Student signature: _____

Teacher signature: _____

Parent signature: _____

Name: _____

Date: _____

Behavior Reflection

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How did I feel?



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Sad



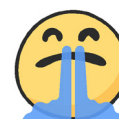
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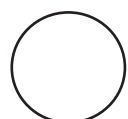
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Behavior Reflection

What happened?

How did I feel?

Who was affected?

How can I make it right?

What will I do next time?

Name: _____

Date: _____

Behavior Reflection

What choice did I make that caused a problem?

How did I feel at the time? How do I feel now?

Who was affected by my actions?

How can I repair the harm I caused?

What will I do differently next time?

Student signature: _____

Teacher signature: _____

Parent signature: _____

Name: _____

Date: _____

Behavior Reflection

What choice did I make that caused a problem?

How did I feel at the time? How do I feel now?

Who was affected by my actions?

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What will I do differently next time?
